

REGENT SEVEN SEAS PACKING LIST

Basic List for Women



For Dinner/Evenings

- 2-3 pairs bottoms (slacks, dressy jeans, leggings or a skirt)
- 2-3 tops (sleeveless, short-sleeve and long-sleeve)
- 1 casual dress (optional)
- 1 medium-weight shawl or cardigan sweater
- 2 colorful scarves



Onboard the Ship

- Swimsuit
- Cover-up
- Exercise Wear for gym



For Excursions

- 2-3 tops
- 2-3 pairs of slacks, capris, or cropped leg pants (optional shorts)
- 1-2 casual dresses (optional)
- A packable down jacket
- A light raincoat



And don't forget

- 1 nightgown or pair of pajamas
- 1 week's worth bras/panties
- Socks
- Sunhat
- Shoes: 1 pair sneakers or walking shoes, 1 pair flats or ballet slippers, 1 pair boots or flip-flops (depending on destination)

